



Flu Vaccine Clinics 2011 - 2012

According to the Center for Disease Control (CDC) guidelines, **all children 6 months and older should receive the annual, seasonal flu vaccine.** Within this age group, there are special groups who are considered higher risk for complications from the flu. These include: children aged 6 months up to age 5, children and adolescents with chronic lung (including asthma), heart, kidney, neurologic or blood diseases and those who have a compromised immune system. People with diabetes are also considered high risk, as well as people receiving chronic aspirin therapy. Children younger than 6 months cannot receive the flu vaccine. Therefore, it is very important that all household contacts (children and adults) and close contacts (child care providers) of children less than 6 months old receive the flu vaccine.

There are currently two methods to immunize against the flu: 1) A killed virus, injectable vaccine (shot) and 2) A weakened-live virus nasal spray vaccine. The flu shot is available for all people >6 months old unless there is an allergy to any component of the vaccine. The nasal spray vaccine is available to people older than 2 years, but is not given to those with a history of wheezing/asthma within the past year or to those with immune system compromise.

Seasonal Flu Vaccine Availability by Age	Injectable: Age 6 to 35 months	Injectable: 36 months and Older	Nasal Mist: 24 months and Older
Private Insurance	Available	Available	Limited
Virginia Vaccines for Children (VVFC)	Available	Available	Limited

Piedmont Pediatrics is committed to providing flu vaccines to our patients. In effort to provide vaccines to all patients in a timely fashion, we will provide flu vaccine clinics in addition to providing the shots at regularly scheduled office appointments.

To schedule an appointment, please call our office at (434) 975-7777 during regular weekday hours (Monday to Friday, 8 am to 5 pm). ***Remember that:***

- Clinics are available by appointment only, no walk-ins and no add-ons will be allowed. You need to schedule an appointment for each of your children.
- This appointment is for **influenza vaccine only**. Your child will not be seeing a doctor at this visit and will not be receiving any other vaccines.
- We are vaccinating only established practice patients (so we will not be vaccinating parents or patients that have not yet been seen by one of our physicians).

Since flu vaccine is manufactured seasonally, we are unable to obtain more when we exhaust our current supply. We will do our best to notify you of changes that may affect you once scheduled. **If your child is ill the day of his or her flu clinic appointment, please call us to cancel your appointment and to reschedule another time.** This makes that appointment time available for another child.

Clinic Dates	Day of Week	Time
Oct 3 & 24, Nov 14, Dec 12	Monday	6:30 p.m. to 8:30 p.m.
Sep 30, Oct 21 & 28, Nov 4 & 18	Friday	9:00 a.m. to 1:00 p.m.
Sep 24, Oct 22 & 29, Nov 5 & 12, Dec 10	Saturday	9:00 a.m. to 1:00 p.m.

Clinics are opened for scheduling in date order.

Please arrive at your scheduled time. Arriving excessively early is of no benefit.

Also, please note that **we do NOT make reminder phone calls for flu vaccine clinic appointments.**